

SIGN-IN PROMPTS

Didn't start it? Don't approve it.

An approval request you weren't expecting means somebody already has your password.

YOU JUST SIGNED IN

Approve

YOU DIDN'T

Deny, then tell someone

Your password needs changing today.

01 Never approve to make it stop

Repeated prompts are someone trying repeatedly. Approving once is all they need.

02 Use the app, not text messages

Quicker, and considerably harder to intercept. Passkeys are better still where available.

03 Never read a code out to anyone

No genuine bank, supplier or IT provider will ever ask you for one. Nobody. Ever.

04 Report it, even if you denied it

A denied prompt is still a warning that your password is out there. Say so.